

(Abroad • Domestic) Official trip report form (Student)

2016/05/20

Name	Mohamed Sobhy Hassan Elfeky
Laboratory	Biochemistry
Year (Grade)	D4
Destination	Vancouver, CANADA
Period of trip	1 st to 5 th May, 2016
Purpose of trip	XIII International Congress on Obesity 2016(ICO2016)

Summary of activities (about 800 words, provide photos, tables and figures that clearly show the activities during the period)

First of all, I would like to thank leading program for giving me the opportunity to attend XIII International Congress on Obesity 2016 conference (ICO2016). ICO2016 took place in Vancouver, CANADA. It was from 1st to 5th May, 2016.

The XIII International Congress on Obesity (ICO) will in partnership with the Canadian Obesity Network (CON).The congress with take place in Vancouver, Canada, in May 2016. World Obesity Federation represents professional members of the scientific, medical and research communities from over 50 regional and national obesity associations. Their mission is to lead and drive global efforts to reduce, prevent and treat obesity.

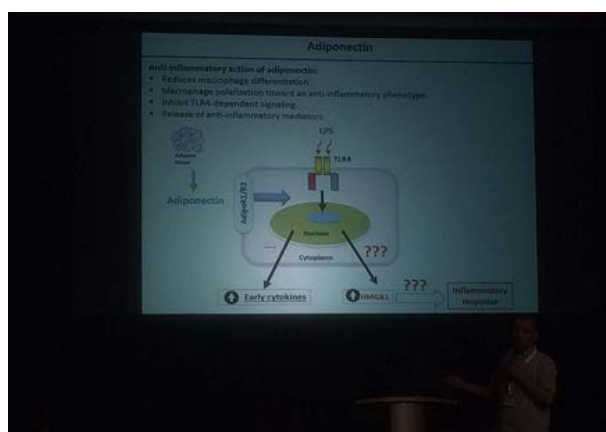


I definitely gained a lot from attending this conference by getting to meet academics from different disciplines and fellow doctoral students who had such diverse views that I had to challenge my own. I appreciated the diversity of participants and their effort to understand each other although they came

from completely different academic disciplines, which I imagine is not an easy matter. The opportunity to briefly introduce myself to several academics whose work I intend to follow and maybe ask for advice on different aspects on my own idea was truly invaluable.

I attended several lectures and workshops related to my research interest and I enjoyed most of them. I had the chance to talk to a few people about my research and get some interesting ideas on more applied directions. One of them was **Prof Takashi Kadowaki** who is one of the most expertise and famous researcher in the field of adipokines, adiponectin and their relation to obesity. We had a great talk and he offered me to visit his Lab at school of medicine, Tokyo University.

My oral presentation was Tuesday 3rd May, it was a very good opportunity to present my work and receive a lot of feedbacks from a multidisciplinary researchers.



Overall I would like to thank you for giving me the opportunity to participate.

Thank you, again.

Approval of supervisor	Institution • Official title • Name Hokkaido University; Professor ; Kazuhiro Kimura 印
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